

Category

Manual/osteopathic/chiropractic techniques

MERCIÉR THERAPY HELPS INFERTILE WOMEN ACHIEVE PREGNANCY

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Introduction

Among women ages 15–44, 6.7 million have impaired ability to have children, 1.5 million are infertile, and 7.4 million have used infertility services in their lifetime (www.cdc.gov/nchs/fastats/fertile.htm). Now more than ever, women are having their fertility manipulated by reproductive endocrinology clinics and are undergoing multiple cycles without knowing the long-term effects of fertility drug use.

Purpose/Aim

Articles have been written about soft tissue abdominal and pelvic work alleviating fertility challenges, but no clinical research has been performed. The purpose of this study is to confirm that the use of Merciér Therapy—site-specific, manual soft tissue therapy—is valid as a standalone treatment and with assisted reproductive technologies to help women become pregnant.

Materials and Methods

Forty-eight women ages 28–42 were interviewed and underwent at least two sessions of Merciér Therapy. Merciér Therapy's research setting is a holistic, clinical, multidisciplinary environment in Illinois and Arkansas. The women selected for the study all complained of primary and secondary fertility challenges regardless of age, current or past pathological condition, prior surgical intervention, prior treatment, and history of no treatment.

Results

Eighteen women achieved pregnancy within the first six months of their first Merciér Therapy sessions. Twenty-two women achieved pregnancy within one year of their first Merciér Therapy session. Eight women did not become pregnant. Of the forty women who became pregnant, thirty-two used Merciér Therapy as a standalone treatment; six used in-vitro fertilization; two used a combination of Clomid and intrauterine insemination.